

# Health Checklist

## PLEASE READ

Please inform us on booking if you:

- ☐ are recovering from Covid-19
- ☐ have recently been hospitalised
- ☐ are pregnant

If you have any health issues which put you at higher risk from Covid-19, please contact us to discuss.

Please DO NOT book / attend if you have any of the following symptoms:

- ☐ new continuous cough
- ☐ chills
- ☐ sore throat / runny nose
- ☐ loss of taste / smell
- ☐ high temperature
- ☐ unusual fatigue
- ☐ nausea / diarrhea

Please DO NOT book / attend if you:

- ☐ have been in contact with anyone with Covid-19
- ☐ have been in contact with anyone showing Covid-19 symptoms